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# RRT Newsletter

288th Edition • February, 2018



## RRT Trail Talk

By Kimberlie A. Hall, RRT Past President



Happy February 2018

*This is the month we  
celebrate the heart*

We can imagine the love the heart has to hold and hope there is a heart out there with love to share with us.

Let's take a second and think about the heart and it's function. The main function of the heart is to pump blood to the lungs to be saturated with oxygen, and then pump it out into the body to supply the cells with oxygen. The heart, along with the blood vessels, make up the cardiovascular system.

What about the heart of Riverside Recreational Trails. What is it's function and how does it work. Well, first of all the (heart) club works to unit folks who have a love of horses and the rural life style.

### *The heart of the club works when you work*

You as a club member bring "oxygen" to the heart with your willingness to participate in club activities, take on rolls of leadership or rolls of service. RRT is truly a circulatory system just like the human heart. We, you and I, are the blood of this organization.

We have to review our "diet," are we high fat, high cholesterol, sugar eating folks. That is to say, are we the complainers, those not willing to contribute, those who fail to participate or lead club rides. We fill our bodies and perhaps the club with "food" that

really has no nutritional value. If this is you, perhaps its time to adjust your diet, before your heart rebels (yes I am speaking from personal experience).

Or do we have our "diet" under control but really don't "exercise" to assist in the movement of the blood through the heart of the club.

Are you showing up to meetings, keeping your dues current, volunteering to lead rides, help with our fund raising? Are you keeping your equine in good physical and emotional condition so when you show up at club events you are a joy to be around, instead of the "problem." Are you working on your own physical condition, in order that you might be in better shape, have better balance and better endurance when we are out on the trail?



Just some friendly reminders that RRT is a circulatory system that is effected by how we, you and I, care for ourselves, our horses and our club.

Happy Valentines Day - don't forget to take care of your heart and your "heart horse," Can't wait to be back on the trails with you all very soon.



## Riverside Recreational Trails has



#### **President**

Elana Riedel  
951.333.5959  
elanaedi@earthlink.net

#### **Vice President**

Lisa Murphy  
951.905.0007  
norco.lisa@gmail.com

#### **Secretary**

Diane Pitzler  
1.760.900.9498  
dpitzler@hotmail.com

#### **Treasurer**

Gene Stauffer  
909.241.0183  
gene.stauffer@verizon.net

#### **Inter. Past President**

Kimberlie Hall  
951.892.4139  
kimberliehall@aol.com

#### **Trail Coordinator**

Vicki Voss  
909.938.8890  
lcarotranch@att.net

#### **Fundraising Committee**

Lisa & Jay Murphy  
951.905.0007  
norco.lisa@gmail.com

#### **Newsletter & Historian**

Diane Thorpe  
951.359.8333  
c-d.typeset@charter.net

#### **Parliamentarian**

Kris Brooks  
brooksprotech@verizon.net

#### **Web Wrangler**

Susan Zurawik  
951.317.4017  
szgoldhorses@gmail.com



## 2018 RRT Calendar of Events

- Feb 10 - Black Rock Ride, Joshua Tree National Park (Saturday) Lisa Murphy & Vicki Voss
- Feb 13 - RRT General Meeting JoJo's Pizza Kitchen
- March 3 - Hoofin' It For A Cure (Saturday) Lisa Murphy
- March 11 - **TIME CHANGES - Spring Forward**
- March 13 - RRT General Meeting JoJo's Pizza Kitchen  
Board Meeting to follow
- March 18 - Chino Hills Ride (Sunday) Vicki Voss
- April 7 - Gavilan Hills Ride (Saturday) Becky Hageman  
**OPEN RIDE**
- April 10 - RRT General Meeting JoJo's Pizza Kitchen
- April 21 - Bonelli / Walnut Creek Ride Helma Bernardini  
San Dimas (Saturday)
- May 8 - RRT General Meeting JoJo's Pizza Kitchen
- May 19 - Trail Trials at Gray Stone Ranch in Phelan (Saturday...Prep and Setup Day)  
- Optional Campover - Hosted by Diane Pitzler
- May 20 - Trail Trials at Gray Stone Ranch in Phelan (Sunday) - **OPEN RIDE** (Need Volunteers for Cleanup on Sunday after Trail Trials & Monday)
- May 25, 26, 27, 28 - Memorial Day - Imperial Beach (Private Ranch) (& Monday if you want to stay) Elana & Bill
- June 12 - RRT General Meeting JoJo's Pizza Kitchen  
Board Meeting to follow
- June 22-24 - Sweetwater Campover in Bonita (San Diego) Janet Backer & Helma Bernardini
- July 10 - RRT General Meeting JoJo's Pizza Kitchen
- July 22 - Santa Margarita in Fallbrook Arlene ???  
(Sunday) - **OPEN RIDE**
- Aug. 14 - RRT General Meeting JoJo's Pizza Kitchen
- Aug. 25 - Prado Dam Park Night Ride \*TBN  
(26th is a full moon) (Saturday)
- Sept. 11 - RRT General Meeting JoJo's Pizza Kitchen  
Board Meeting to follow
- Sept. 22 - Griffith Park Ride Lisa Murphy & Vicki Voss  
(Saturday)
- Oct. 7 - RRT 29th Annual Prize Ride **OPEN RIDE**  
Need Chairperson (Sunday)

## Welcome Back To RRT

Trisha Long  
Sandy Ramsdell



**Reminder... Don't forget to send in your Dues or this will be your Last RRT Newsletter!**

### Renewal Due in February 2018

Doreen Biasi Al & Denise Hawkins  
Veronica Bolden George & Diane  
John & Evelyn Partsch  
Campbell Gary Trout

### Renewals Coming up in March

Janet Backer Bill Binette  
Cathy Barber John & Kathy Burnard  
Jan Beyers Michelle Robinson

*Riverside Recreational Trails continues to grow and grow we are happy to welcome you to RRT!*

- Oct. 9 - RRT General Meeting JoJo's Pizza Kitchen
- Oct. 21 - Bogart Park in Cherry Valley (Sunday) \*TBN
- Nov. 4 - **TIME CHANGES - Fall Back**
- Nov. 13 - RRT General Meeting JoJo's Pizza Kitchen
- Nov. 23 - San Jacinto Wild Life Ride Susan Zurawik  
(Friday- Day After Thanksgiving) by Lake Perris
- Dec. 1, 2, & 8, 9 - Jurupa Valley Christmas Parade Elana Riedel  
Adopt a Family (Pick the day you want)
- Dec. 11 - RRT General Meeting JoJo's Pizza Kitchen  
Board Meeting to follow
- Dec. 15 - RRT Christmas Party, Potluck & Gift Exchange  
at Helma's House in Norco (Saturday Evening)

#### OTHER EVENTS:

March 9-11- Horse Expo at the LA Fairplex in Pomona

\*TBN - Trail Boss Needed • OPEN RIDE - Bring your Friends

**OPTIONAL CAMPOVER -**  
Make Your Own Reservations and Stay for the Weekend



### Trail Bosses Needed

*We still need to fill in a few rides. If you would like to lead one of our rides Please call...*

**Vicki Voss at...909.938.8890**

# Tag You're It!

*Andrea Olivas & Joy Chase were Tagged this month to do an article in the Newsletter.*



*Thank you for sending in your story about you and your horses.*

## Andrea Enjoys Gymkhana

My name is Andrea Olivas, I have 3 beautiful daughters (Veronica, Raquel and Victoria) and 1 son (Anthony). My youngest daughter shares my love for horses, while the others enjoy riding occasionally. I also have 4 grandchildren, 3 boys and 1 girl (Ryan, Ryan, Nicole and Daniela). My granddaughter also shares my love for horses and rides.

My 18yr old started competing in Gymkhana in Norco approximately 4yrs ago, training her horse herself and then teaching my granddaughter and her horse the patterns as well. Within 3 years she became a AAA rider. Now that she is off to college, she's convinced me to carry-on and start competing in Gymkhana and while I'm still a beginner I truly enjoy it. I ride with my granddaughter and hope that she continues to grow in the sport.

We've now been riding as a family with RRT going on our 3rd year and enjoy all the rides RRT puts together. The Christmas Toys for Kids Parade was so much fun and we look forward to future rides and next years parade.

Thanks RRT for being such a friendly and fun group to ride with!



## Joy & Wyatt

Hi my name is Joy Chase and my horse's name is Wyatt. Wyatt is a rescue horse that I got about 1½ years ago. I'm active in a lot of riding groups so we have been to a lot of places and participated in a lot of events.

One of my favorite things to do to Wyatt is dress him up. Here we are at Norco's 4th of July ride. I also donate my time to the Hillside Farm's Craft Fair. I think that is Wyatt's favorite event because he loves the fresh baked cookies.



I got a motor home last year so I could go camping with Wyatt. We've traveled down to San Diego and up to Morro Bay. I'm going to retire this year around June, so I am hoping to get in even more trips. Hope I will be able to join RRT all throughout the year.



*Who's coming up in the newsletters next month?*



**Tag you're it...  
Gotcha!**

**Al & Denise  
Hawkins**



**"YOU HAVE BEEN TAGGED"**

**to write something for the March Newsletter**

We would like to get to know you! Write a story that reflects a little bit about you and your horse with pictures, a Cowboy Recipe or article about horses. Deadline is the 20th of the month.

**Send to: Diane Thorpe, RRT Newsletter Editor**  
**E-mail: c-d.typeset@charter.net or mail**  
**10705 Cypress Ave • Riverside, CA 92505**



# RRT Christmas Party!



Hosted by Janet Backer • December 16, 2017



*Our Hostess  
Janet*



*Valerie, Helma, Lisa & Becky enjoying the party.*



*Janet opening her gift & Helma.*



*Wayne, Valerie, Jay, Lisa & Becky checking out the gifts.*



*Elana & Bill, Evelyn, Gene, Craig, John & Janet.*



*Susan & Gene with Valerie & Jay on the sofa.*

*Becky, Kimberlie & Diane*



*Kimberlie, Wayne, Diane & Diane*



*Vicki*



*Lisa, Becky, Kimberlie & Diane*



*Kimberlie*



*Bill, Wayne & Valerie*



*Evelyn, Gene & Craig*



*Malika & Evelyn*



*Elana & Bill*



*Bill & Wayne*



*Helma*



*Helma Janet, Craig, John & Vicki*



*Russell*





**To Our February & March Member's**

- |               |                |                  |
|---------------|----------------|------------------|
| Jan Beyers    | Denise Desens  | Daniel Olivas    |
| John Campbell | Tanner Kohrell | Annemarie        |
| Joy Chase     | John LaPonsey  | Southern         |
| John Cook     | Jay Murphy     | Diane Thorpe     |
| Liz Cramp     | Jim Nocero     | Joshua Tootell   |
| Sue Decker    | Andria Olivas  | Kendra Velasquez |

*RRT Editor would like to have you on our Birthday list. Please send to RRT Editor at c-d.typeset@charter.net or call 951.359.8333*

**NEW Club T-Shirts**

We have a New Teal Club T-Shirt with **"SAVE ALL OUR TRAILS"** on the front & logo on back.

I will have the T-Shirts at the next meeting or give me a call at 951.359.8333 if you would like to pick one up.

Thanks, Diane Thorpe



**Get your RRT T-Shirt to wear in 2018. We have the New Teal T-Shirts and a bunch of the different colored one's with the big Logo on the back and the small one on the front. We also have Hats with the RRT Logo on the front!**

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**RUN YOUR DISPLAY AD FOR ONE YEAR AND GET 2 MONTHS FREE ADVERTISING!**

**Horses for Sale**

10 yrs., 15.1 hands, Registered Black & White Paint Mare and 13 yrs., 15.1 hands Sorrel Mare, out of AQHA Champion cutting horse, Doc O'Lena & Centre Piece. She has a super comfortable ride. Both are Posse trained and street wise. Both have been all over Norco, Hidden Valley Trails and been on numerous camping trips. Call anytime or leave message...951.403.3590 for more information.

**Horse Boarding In Jurupa Valley**

1/4 acre pasture with covered stalls, tack and hay room. Close to trails. Call 951.360.3874 for more information.

**Cowboy Hats - Size 7 3/8**

Quality Big Brim Felt, 1 Black, 1 White - \$50.00 each.

**Cowboy Boots - Size 9 1/2**

Men's High Top, 1 Black, 2 Brown, 2 Fancy Tops, 1 Beige Tony Lama - \$40.00 a Pair. Call Elodie 951.734.3294

**CLASSIFIED** Members . . . . . **FREE**  
**LINE ADS:** Non-Members . . \$3.00mo.

*Items for Sale Only... Horses, Tack, Corrals, Trailers, Toys Pets, Tools, Household, Etc. (No food Items). 3 Line Max.*

**The Deadline for all Advertising Copy, Ads, Flyers, Etc. is the 20th of each month.**

**DISPLAY AD ADVERTISING RATES:**

Ad Size	Month	Yearly	Ad Size	Month	Yearly
Business Card	\$4.00	\$40.00	1/2 pg ad	\$7.00	\$70.00
1/4 pg ad	\$5.00	\$50.00	Full pg ad	\$12.00	\$120.00

*Send your ad in a PDF or JPG format or send your copy and I will make your ad up for you and send you a proof.*

**Make Check # \_\_\_\_\_ out to RRT & Mail to...**

**RRT Newsletter Editor - Diane Thorpe**

**PO Box 7902 • Riverside, CA 92513**

**951.359.8333 • c-d.typeset@charter.net**

# RRT MEMBERSHIP FORM

***If you are unable to attend a meeting,  
but would like to join RRT, please mail the following form.***

Date \_\_\_\_\_

## FULL MEMBERSHIP

Full Voting Privileges

## ASSOCIATE MEMBERSHIP

No Voting Privileges

New Member     Renewal

I'd like to receive my Newsletter

by  E-Mail or  Snail Mail

Single Membership \$20.00

Family Membership \$25.00

Single Membership \$15.00

Family Membership \$20.00

Family Members: Adults \_\_\_\_\_ 1 or 2    Children \_\_\_\_\_ 18 & under only



**Cash Paid \_\_\_\_\_ OR Make check # \_\_\_\_\_ payable to:**

**Riverside Recreational Trails: Mail to: PO Box 7902 • Riverside, CA 92513**

Adult Name \_\_\_\_\_ Birthday \_\_\_\_\_

Address \_\_\_\_\_ City/St \_\_\_\_\_ Zip \_\_\_\_\_

Phone/Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

Adult Name \_\_\_\_\_ Birthday \_\_\_\_\_

Phone/Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

Kids Name \_\_\_\_\_ Phone/Cell \_\_\_\_\_ Birthday \_\_\_\_\_

Kids Name \_\_\_\_\_ Phone/Cell \_\_\_\_\_ Birthday \_\_\_\_\_

## DISCOUNTS • DISCOUNTS

Show your membership card at any of the following and receive a discount from these merchants:

*We appreciate their support for everything they do (donate prizes, let us place fliers in their stores, etc.), so make it a point to patronize these merchants. By working together we can make a difference!*

- Pedley Vet Supply
- Raincross Cyclery
- Linda's Feed • Thrifty Horse
- Prado Tack & Apparel

Visit their website: [www.thriftyhorse.com](http://www.thriftyhorse.com)  
[www.pedleyvetsupply.com](http://www.pedleyvetsupply.com)

## Riverside Recreational Trails General Meeting



# JOJO's PIZZA KITCHEN

## Homemade Italian Food

January 9th at 7:30 pm • 2nd Tuesday every Month

In the Lowe's Shopping Center Between the Hawaiian BBQ & Wabi Sabi

**6237 Pat's Ranch Rd.  
Mira Loma, CA 91752**

**951.734.5656 • [www.jojospizza.com](http://www.jojospizza.com)**

