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RRT NEWSLETTER



284th Edition • October, 2017

RRT Trail Talk

By Elana Riedel, RRT President

Natural Disasters

Over the past month, the news has been filled with natural disasters. There have been several large earthquakes in Mexico, and several large hurricanes in the Caribbean and the Gulf States. The largest wildfire in memory is up in Oregon, and we've had many local wildfires here over the past few months. It used to be that natural disasters had a "season", but now it seems that they strike all year long. In our area, earthquakes and wildfires are the most common disaster issues. We can't predict when these will occur, but we can take some steps to keep our equines safer when they happen.

Things to do now before the disaster happens:

Microchip your horse – This usually costs around \$100 and is the number one way to make sure that you and your horse get reunited. Also, make sure to register the chip. Otherwise it doesn't help.

Keep a breakaway halter in your trailer to use in the emergency – even if you use another type for everyday life. Some other halters (like Nylon) can melt, and frightened horses can get their standard halters caught on objects.

Keep your tow vehicle fuel tank at least half full. Have a list of a few relocation areas – these can be a fairgrounds, a friend's barn, or the RRT member list (many of our members live in distant areas and would not be affected by the same emergency).

Keep a copy of your vet records and contact information in your trailer – this should be in paper form (in case of power loss), but you can also use your phone to take backup photos.



Keep a photo(s) of you with your horse for identification purposes with your vet records – this should be in paper form.

Keep a basic equine first aid kit in your trailer – this can be also be useful for trail ride emergencies.

Make sure your horse loads easily – both for you and for other people. Have other people practice loading your horse. You might not be around when the emergency happens.

Teach your horse to tie to the trailer overnight. There are many situations (both emergency and not) where this is a useful skill.

Things to do as the disaster approaches even if you think you are staying:

Top off your tow vehicle fuel tank.

Top off your trailer water tank.

Add a visual ID to your horse – something above the back height is best to be seen in a crowd or in muddy

See Disasters... Continued on page 5

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Calendar of Events 2017

Oct. 10	RRT General Meeting	JoJo's Pizza Kitchen
	<i>Board Meeting to follow</i>	
Oct. 14	Trails4All's, 21st Annual "Inner-Costal & Watershed Cleanup" at Hidden Valley Nature Area at 9:00am.	
Oct. 20-22	Cuyamaca Campover	Charlene Schramm
	Green Valley Horse Camp	
Nov. 12	RRT Calendar Meeting	JoJo's Pizza Kitchen
	<i>Sunday at 3:00 pm Everyone Invited</i>	
Nov. 14	RRT General Meeting	JoJo's Pizza Kitchen
Nov. 18	Hidden Valley - Saturday Ride	Russell & Vicki
	OPEN RIDE	
Nov. 24	DAT - O'Neill Park - Friday Ride	Kimberlie Hall
	Nov. 24-26 - Optional Campover - only 5 sites	
Dec. 1-3 & Dec. 8-10	Jurupa Valley "Adopt-a-Family" Christmas Parade...	Elana Riedel
	<i>A notice will be sent out with time and place.</i>	
Dec. 12	RRT General Meeting	JoJo's Pizza Kitchen
Dec. 16	Christmas Party & Potluck	Janet Backer

DAT (Day after Thanksgiving)

RRT'ers Wish
October & November
Member's a Very

**HAPPY
BIRTHDAY!**

Karen Balsamo	Linda Kehler
Bob Cates	Pat Knudson
Herb Harland	Gary Peters
Mike Hemphill	Colly Van Dyken
Susan Jackson	Kris Woolard

RRT Editor would like to have you on our Birthday list. Please send to RRT Editor at c-d.typeset@charter.net or call 951.359.8333



Welcome To RRT

Lynda Bowie	Michael Lofton
Elizabeth Cramp	Elodie Moore
Bob Cates	Jay & Lisa Murphy
Joy Chase	Jim Nocero
Sara Colmery	Shawn Pettit
Rebecca Fairfield	Phillip & Berta Pinon
Pat French	Annemarie, Robert,
Russell Grace	Daniel & Megan
John & Kelly LaPonsey	Southern
Larry Lak	Colly Van Dyken

Renewals due in October

Reminder... Don't forget to send in your Dues or this will be your Last RRT Newsletter!

Amy Arnette	Kellie Kinnane
Don & Karen Balsamo	Pat Knudson
Brenda Barker	Daniela Olivas
David Beekman	Daniela Lazald
Theresa Brandon	Lenihan Family
Bill Buell	Jackie Leopard
Lindsey Campizta	Jodie Lewis
Richard Chambers	Mya Magleby
Johnny Cook	Mouw Family
DeNunzio Family	DeAnne Nevarez
Desens Family	Olivas Family
Dominguez Family	Kevin Parkinson
Jackie Doss	Jody Sidebotham
Leah & Duke Sullivan	Joe & Connie Salazzo
Rebecca Fairfield	Gene & Susan Stauffer
Bobby & Bee Farmer	Steiner Family
Jeff Felcoski	Duke & Ellie MW
Herb & Debbie	Sullivan
Harland	Sandra Tirb
Mallory Herdrich	Peter & Linda Wesch
Kathleen Keller	Leopard & Cindy White

•• Coming up in November ••

Kimberlie Hall	Trisha Long
Sandy Ramsdell	Susan Zurawick

Riverside Recreational Trails continues to grow and we are happy to welcome you to RRT!

Would you like to read the draft of...

The Riverside County Regional Park and Open Space Trails Plan,
go to... <http://www.rivcoparks.org/trails/trails-homepage/>



TAG YOUR IT!

Evelyn & John Campbell were Tagged this month to an article in the Newsletter. Thank you Evelyn for writing your story about your new life with John.



Evelyn on Sage

I was asked to tell something about the rides and trips that John and I have ridden on.

Well first thing, I've been an RRT member since the early 1990's, most of you knew me as Evelyn Plant. I rode a few rides and did some campouts with RRT. Then in 1997 I met John and my life took a complete turn... "we got married," Surprise, Surprise! We started our new life together.

Some of you remember me riding Patch a little 14 hand Paint horse... I took that little guy everywhere and then he became John's horse to ride. We camped at Sweetwater, Heart Bar & Wildhorse, Cuyamaca, Lake Cahuilla, and so many different places and horse camps.

When it was time to retire Patch we got a paint horse named A.J. He was my pride and joy, he was one of the horses in Painted Magic before I got him and what a great horse he was. Then we got a beautiful Black Tennessee Walker named Triego for John, we were blessed with two great trail horses. They took us both on a lot of trail rides and over night campouts, but after many years they were getting tired. They were both in their 30's, so we sent them both over the rainbow bridge to horsey heaven together.

Now turning around to the present...

After me being in pain for years, then I broke my arm and was laid up for almost a year and with John having to work we weren't sure if we wanted to get more horses and ride again or not! I wasn't ready to give up yet, I wanted to ride and go camping with my husband more in my life time. So we went out and bought two new horses, Chex and Sage. We have ridden them a lot down in Hidden Valley with friends and now since John retired we decided to venture out and have some fun traveling with the horses.

We picked up a living quarter horse trailer... that way we could travel with our horses and enjoy our retired years happy and together. Then we became really brave, we decided to



Evelyn on Sage and John on Chex at the Walnut Creek Ride with RRT

go on the RRT day ride at Walnut Creek. It was wonderful to ride again with some old friends and the RRT group.

The next week we decided to take an overnight trip. We packed up and headed for O'Neill Park for two days... just the two of us with the horses and our small dog Charlie Brown. The camping was great, everything in the trailer worked and the horses did great and we had an amazing ride and two days together... what else could anyone ask for? We will be going to Cuyamaca with RRT in a few weeks... can't wait, we are ready to travel and to ride!

We live in Mira Loma with our two horses, two dogs, Mia Bella and Charlie Brown, our black cat, Kit Kat and two geese, Jack and Jill. We're enjoying life now! We are going to ride the trails and go camping as much as we can!



Who's coming up in the newsletters next month?



"YOU HAVE BEEN TAGGED"
to write something for the November Newsletter

We would like to get to know you! Write a story that reflects a little bit about you and your horses with pictures, a Cowboy Recipe or an article about horses for the Newsletter.

Send to: Diane Thorpe, RRT Newsletter Editor
E-mail: c-d.typeset@charter.net or mail
10705 Cypress Ave • Riverside, CA 92505



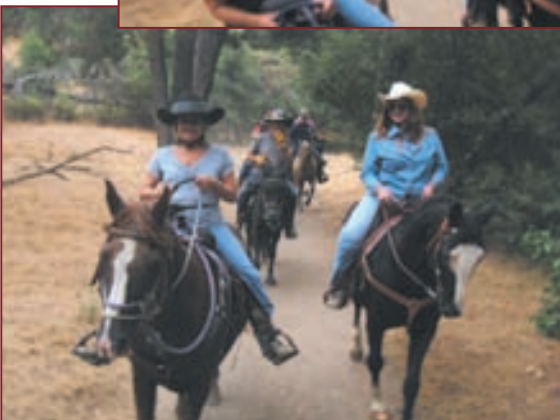
WALNUT CREEK TRAIL RIDE



RRT riders at Walnut Creek - Gary Trout, Sara Colmery, Janet Backer, Veonica Bolden, John & Evelyn Campbell and your Trail Boss Helma Bernardini.



**SUNDAY
SEPT. 17, 2017**



Great ride, great weather, then lunch with a great group of friends.

Can't forget Bob Cates at the end of the table.



conditions. The best ideas are something on the horse instead of something that they wear (which can get pulled off). You can spray paint a cell phone number or clip it into their coat. Use a phone number of someone outside the affected area (in case of phone line disruptions).

Fill up as many water troughs as you have – be prepared for a loss of power and typical water sources.

If you are evacuating with your horse:

Load 5-7 days of food – your evacuation place might not have food available. If you are in a hurry, it is more important to have forage (grass hay), than your grain and supplements (except prescriptions).

Load hoses and buckets – you may be in an area with a lot of strange horses and want your own water bucket.

Load a portable corral or high tie (especially important if your horse does not trailer tie). There may not be corrals at your evacuation destination.

If horses have to stay behind without you:

Leave behind 20 pounds of hay per day per horse (on high ground if flooding is a problem). They might not eat this much normally, but be prepared for some to blow away or get trampled).

Leave 10 gallons of water per day per horse – this is the reason for filling those water troughs. Most horses can go a week without food if they have water.

Remove your horses from their stall and place them in the largest paddock available. Horses will be better off if they can move around when excited. The one exception is lightning – in which case horses are better off if they are not the tallest object in the field.

If you board your horse:

Most jurisdictions state that the owner is responsible for evacuating their horse even if it is boarded elsewhere. Does your boarding barn have and practice an evacuation drill? If your barn owner has a trailer for three horses and boards six horses, what will happen to the rest? If you don't own a trailer, how will you handle this situation? This information should be covered in your boarding contract.

Hopefully, we will not have to deal with a natural disaster. But it is better to think about this information, and be prepared before we need it.

For more information on equine disaster emergencies, you can go to www.TheHorse.com

Equine Emergency Evacuation Kit Checklist

Use this checklist to make sure you have the essentials you need in case of an emergency evacuation with your horse.

(See... TheHorse.com/33573)

SUPPLIES FOR HUMANS:

- Flashlights and/or Headlamps
- Battery-Operated or Hand-Crank Radio
- Batteries Maps Cash
- Cell Phone & Charger
- Identification & Personal Records
- Emergency Contact Information
- Water (One gallon per person per day)
- Non-Perishable Snacks & Food
- Blankets & Warm Clothes
- Human First-Aid Kit & Medications
- Personal Hygiene & Sanitary Products
- Wire Cutters, Pocket Knife & Multipurpose Tool

SUPPLIES FOR HORSES:

- Horse Identification Records & Photos
- Horse Health Certificate & Coggins Test
- Halter & Lead Rope for Each Horse
- Feed Pans & Haynets
- Feed/Hay (Enough for 48 to 72 Hours)
- Water Buckets & Hose
- Equine First-Aid Kit & Medications, if needed
- Water - (Consider adding a Water Tank to your Horse Trailer if you don't already have one)
- Broom & Apple Picker / Muck Fork
- Fly Spray & Fly Mask

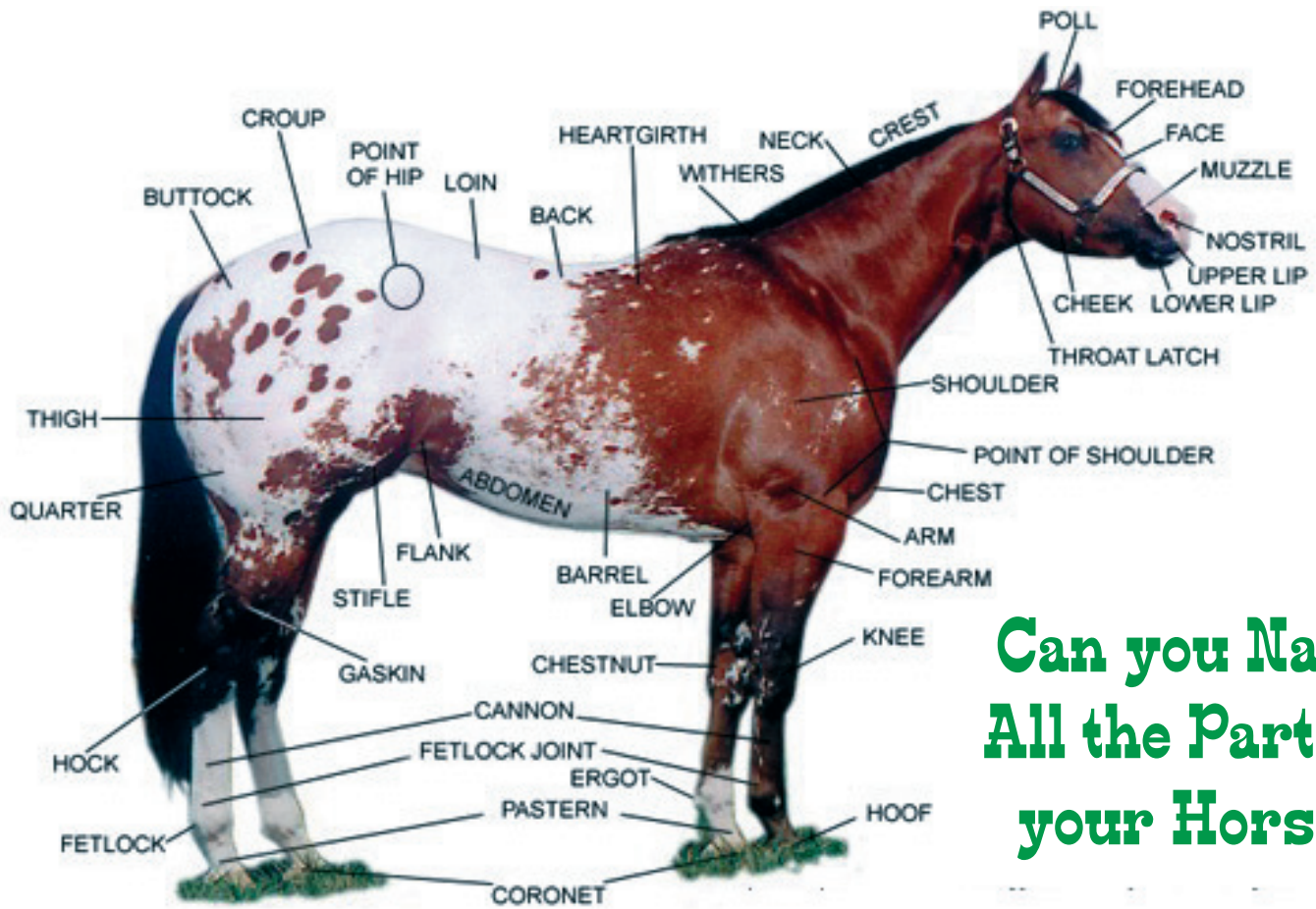


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Horses for Sale

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Horse Boarding In Jurupa Valley

1/4 acre pasture with covered stalls, tack and hay room. Close to trails. Call 951.360.3874 for more information.

CLASSIFIED Members..... **FREE**
LINE ADS: Non-Members . . \$3.00 mo.

Items for Sale Only... Horses, Tack, Corrals, Trailers, Toys
Pets, Tools, Household, Etc. (No food Items). 3 Line Max.

**The Deadline for all Advertising Copy, Ads,
Flyers, Etc. is the 20th of each month.**

DISPLAY AD ADVERTISING RATES:

Ad Size	Month	Yearly	Ad Size	Month	Yearly
Business Card	\$4.00	\$40.00	1/2 pg ad	\$7.00	\$70.00
1/4 pg ad	\$5.00	\$50.00	Full pg ad	\$12.00	\$120.00

Send your ad in a PDF or JPG format or send your copy and I will make your ad up for you and send you a proof.

Make Check # _____ out to RRT & Mail to...

RRT Newsletter Editor - Diane Thorpe
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951.359.8333 • c-d.typeset@charter.net

**RRT 2018
CALENDAR MEETING**



**November 12th
Sunday
3:00 pm**

**Everyone is Invited
Bring your ideas!**

**Let us know where you want to ride...
your horse... your bike?**

**Where do you want to camp and Hike?
Do you like Mountains, Beach, or Desert?
Bring your maps and info and let's ride!**

JOJO's Pizza Kitchen
6237 Pats Ranch Rd., Mira Loma

RRT MEMBERSHIP FORM

If you are unable to attend a meeting, but would like to join RRT, please mail the following form.

Date _____

FULL MEMBERSHIP

Full Voting Privileges

ASSOCIATE MEMBERSHIP

No Voting Privileges

New Member Renewal

I'd like to receive my Newsletter
by E-Mail or Snail Mail

Single Membership \$20.00

Family Membership \$25.00

Single Membership \$15.00

Family Membership \$20.00

Family Members: Adults _____ 1 or 2 Children _____ 18 & under only

Cash Paid _____ OR Make check # _____ payable to: **Riverside Recreational Trails:**
Mail to: **PO Box 7902 • Riverside, CA 92513**



Adult Name _____ Birthday _____

Address _____ City/St _____ Zip _____

Phone/Cell _____ E-Mail _____

Adult Name _____ Birthday _____

Phone/Cell _____ E-Mail _____

Kids Name _____ Phone/Cell _____ Birthday _____

Kids Name _____ Phone/Cell _____ Birthday _____

DISCOUNTS • DISCOUNTS

Show your membership card at any of the following and receive a discount from these merchants:

We appreciate their support for everything they do (donate prizes, let us place fliers in their stores, etc.), so make it a point to patronize these merchants. By working together we can make a difference!

- Pedley Vet Supply
- Raincross Cyclery
- Linda's Feed • Thrifty Horse
- Prado Tack & Apparel

Visit their website: www.thriftyhorse.com
www.pedleyvetsupply

Riverside Recreational Trails General Meeting



JOJO's PIZZA KITCHEN

Homemade Italian Food

October 10th at 7:30 pm • 2nd Tuesday every Month

In the Lowe's Shopping Center Between the Hawaiian BBQ & Wabi Sabi

**6237 Pat's Ranch Rd.
Mira Loma, CA 91752**

951.734.5656 • www.jojospizza.com

